

# Edward A. Julian, Sr.

## Author | Poet | Advocate

Edward A. Julian, Sr. (EJ) is known for his powerful journey of transformation and his commitment to helping others rebuild their lives from within. After serving 14 years in federal prison, EJ returned home with a renewed sense of purpose and has since spent more than 14 years guiding individuals and communities toward growth, accountability, and lasting change.

He is the author of *From Inmate to Advocate: A Journey of Transformation and Begin Believe Become: The 3-Step Process for Transformation and Achievement*, works that challenge readers to move beyond limitations, believe in their potential, and take ownership of their future. His signature philosophy, “Begin, Believe, Become,” serves as both a mindset and a practical framework for personal transformation.

A Certified Peer Recovery Support Specialist and Certified Chemical Dependency Counselor Assistant (CDCA), EJ works with individuals from all walks of life, including those returning from incarceration, those overcoming personal setbacks, and those seeking direction. He created and facilitates the Begin Believe Become Life Skills Course, leading multiple weekly groups focused on purpose, discipline, and measurable growth.

Beyond his adult programs, EJ mentors youth through community partnerships, helping teens develop leadership, decision-making skills, and self-awareness. He is the founder of The Begin Within Initiative, LLC, an organization dedicated to education, reentry support, and life skills development. His work has earned him recognition including the Most Successful Restored Citizen Award and honors from Pickaway Correctional Institution and Reynoldsburg City Schools for leadership and community impact.

Driven by the promise he made to himself to never return to prison, EJ approaches every project with focus and discipline. His wife supported him through the final stages of his writing, helping refine each manuscript and pushing him to deliver his best work, while his editor and longtime friend, Anne, provided consistent guidance, editing, and support in shaping both his books and professional platform.

“Transformation begins within.”

---

## Connect with Edward A. Julian, Sr.

✉ beginbelievebecome14@gmail.com | edjulian69@gmail.com

 [www.edwardajuliansr.com](http://www.edwardajuliansr.com)

 Instagram: @edwardajulian

 Facebook: Edward A. Julian Sr.

 LinkedIn: Edward A. Julian Sr.

 YouTube: @edwarda.juliansr.4123